

Programs and Presentations

Date	Title
Nov 2017	The Art & Science of Brain-Based Therapy: Clinical Applications of Yogic and Body Psychotherapy. Presented 5.5 CEs for Rutgers Graduate School of Applied and Professional Psychology, Continuing Education Series.
May 2017	Yoga & Body-Centered Psychotherapy: Coming into Alignment with Life and Love. USABP-Webinar Series.
July20-23 2016	United States Association for Body Psychotherapy (USABP) Conference, Providence, Rhode Island. As President, I presided over the conference. Keynotes: Joan Borsenko, Barnaby Barratt, and Michael Mannion. Lifetime Achievement Award presented to Eugene Gendlin, PhD..
May 2016	Trauma-informed training for R-E-A-D-I Providers: Mount Vernon, NY. Westchester County Youth Services.
May 2015	Psychological Trauma and the Body: Prevention & Treatment in Medical Settings. CME Grand Rounds, Saint Michael's Medical Center, Newark, NJ
2014 & 2015	Sampler Series in Somatic Psychology: A Buffet of Bodymind Therapies & Somatic Psychology Conference: Kripalu Center for Yoga and Health, Lenox Massachusetts Managed Two, 6-day programs: led beginning and end. APA provided CEU credits.
2014	Self-Contact, Self-Acceptance & the Felt Experience: A Body-Centered Intervention, Renfrew Eating Disorder Conference, Philadelphia, PA (CEU credits provided)
2013	Beyond Talk: Yogic Interventions for Depression and Anxiety: A body centered approach for professionals (CEU credits provided) Mind/Body Psychology: What is it? How can it help you? Relationship Skills Series, Morris Hills Adult Education
2001	"Bully-free Program" Developed programming for schools.

Other Varsity letter-winner in three sports throughout high school and college