

Professional Employment

- 2005-Present Independent private practice, Denville, NJ.
- Body-oriented psychotherapy. DBT-informed, mindfulness based cognitive-behavioral-somatic interventions addressing trauma, anxiety, eating and other health/body issues.
 - Family, child & adult counseling/psychotherapy, consultative/training services to school systems.
 - Professional development workshops & training.
- 2017-Present Associate Professor of Bodymind Healing, Parkmore Institute with Director Barnaby Barratt, PhD.. www.ParkmoreInstitute.org
- 2016-2018 Metabolic and Bariatric Center, East Orange General Hospital, East Orange NJ. Staff Psychologist. Conduct assessments and provide services for those suffering from obesity using mind/body interventions. Interventions include psychotherapeutic groups using chair yoga, mindfulness training, psychodrama, stress reduction techniques and awareness building to address trauma, anxiety, depression and eating disorders.
- 2013-2017: President, United States Association for Body Psychotherapy. (Non-paid) www.USABP.org
- 2012-2016 Metabolic and Bariatric Center at Saint Michael's Medical Center, Newark NJ. Staff Psychologist. Conduct assessments and provide services for those suffering from obesity using mind/body interventions. Interventions include psychotherapeutic groups and weekly yoga/mental health wellness class to support emotional balance and wellness.
- 1998 – 2013 The Banyan School, Fairfield, NJ.
School for LD Children: social skills groups, conflict resolution groups, individual and group counseling, crisis intervention, parent/teacher training and teacher consultation.
- 2008- 2013 The Wilson School, Mountain Lakes, NJ. Consulting Psychologist. Work with students and staff to support emotional intelligence in the classroom.
- 2005 - 2007 The Academy for Teaching & Learning, Center for Effective School Practices, Rutgers Graduate School of Education, Rutgers University.
Provider of workshops for schools.
- 1998-2005 Center for Child and Family Development, Morristown, NJ.
Director: Steven E. Tobias, Psy.D.

- 1997 - 1999 Bergenfield Schools, NJ. & Morris Cty. Educational Commission, schools throughout Morris County. Child Study Team evaluations, teacher training and program evaluation, in addition to regular school psychology functions.
- 1992 - 1996 Rutgers Psychological Clinic and Center for Applied Psychology, Piscataway, NJ. Clinician & coordinator of operations, career counselor.
- 1989 - 1992 Randolph Schools - regular school psychology responsibilities.
Kearny Schools, full-time extern.

Teacher:

- 1988 - 1989 Montclair State University, NJ. Graduate Assistant, teacher of Psychology. Managed eight teaching assistants.
- 1986 - 1987 Westfield, NJ. High School History Teacher.
- 1983 - 1985 U.S. Peace Corps: Honduras, Central America. Teacher and Community Developer.